MEETING MINUTES

Healthy Food for All Work Group

Virtual Meeting via Zoom: <https://kansas.zoom.us/j/94969444922>

12:00pm – 1:30pm, Friday, April 24, 2020

| Agenda items | Notes | Action Items |
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| 1. **Introductions** 2. Fill out agency accomplishment form\*\* GIVE TO KELSEY OR KELLY\*\* 3. Share agency accomplishment pertaining to HFFA work. Include:    1. Who, what, where, when, any partners, number of participants, description | Attendance: Kelsey Fortin, Tim Keogh, Christina Holt, Laura Canelos, Chris Tilden, Ryan Bowersox, Norm White , Cheryl Barnes, Joey Hentzler , Tracy, Susan Farley, Lisa Njoroge, Christine Ebert, Cierra Smallwood, Sarah Hartsig, Kelly Hall and Allison Koonce  Accomplishments:  Tracy (Ballard Center): Adopt-a-Family meals program provided 136 meals to Ballard families this week. The Adopt-a-Family meal effort provides 2-3 meals per week to (Ballard and non-Ballard) families, to supplement meals that may be missed during this time like school lunches, ability to go to local food bank or nervous about accessing resources that are there. It is up to donors how they would like to provide to families. Donors have ordered from doordash, asked family for grocery lists, provided gift cards, or whatever the family and donor are comfortable with. Donors are asked for a two-week commitment, although many have extended that. If a donor drops out for any reason, there are back up donors (but could always use more donors).  Allison Koonce (LMH Health): Providing free online classes for pregnancy and childbirth classes. Breastfeeding support group has also been moved online. Link for classes/support group: <https://www.lmh.org/wellness/events/search-results/?page=1&sort=2&TermId=20e9a6cd-cd65-e211-8f54-2c768a4e1b84>  Chris Tilden (LiveWell, Healthy Built Environment): City Commission voted and approved to build an additional 1.5 miles of bikeway network – construction happening this Summer 2020.  Cheryl Barnes (K-State Research and Extension): Food resource list – a version translated to Spanish |  |
| 1. **Announcements** 2. LWDC has made it into the next round for the BKBS of Kansas grant. The next phase is a site visit with consideration given to the following dates and times:    1. Monday, May 11 – Afternoon    2. Thursday, May 14 – Afternoon    3. Tuesday, May 26 – 1-4 PM 3. Douglas County has been selected as a RWJF Culture of Health Prize finalist! The last phase is also a site visit 4. Leadership team discussion -Sharing of resources via social media.   OTHERS? | RWJF - Postponed until 2021 | * Sharing more information on LiveWell Social Media accounts |
| 1. **Sharing of Resources/ Community Needs** 2. The list of Douglas County food resources shared by There will likely be changes over the next couple of months and through the summer. All edits should be sent to dg@ksu.edu. This list can be found at: <https://tinyurl.com/ycsbso5h> The list is in a Google Doc which allows us to make live edits to the document. Please share with your networks and advertise on social media (see attachments) (Thank you Kaitlyn) 3. In response to COVID-19, a list of most frequently asked questions has compiled resources from the CDC, KDHE (Kansas) and MDHSS (Missouri) into a shared online document that you can both EDIT and SHARE to fit your community needs. To request a customized FAQ document with your Organization name, please visit: <https://bit.ly/3dZ5Uwq>. There is also a PDF of the document (see attachment) (Thank you Laura). 4. Food Resources in Lawrence [Food Resources](https://nam10.safelinks.protection.outlook.com/?url=http:%2F%2Ftrack.spe.schoolmessenger.com%2Ff%2Fa%2FCANpKtmiBML7agjY-O0_GQ~~%2FAAAAAQA~%2FRgRgc0_rP0R1aHR0cHM6Ly9tc2cuc2Nob29sbWVzc2VuZ2VyLmNvbS9tLz9zPTRHZzAxUmZhX01NJm1hbD0yMWY2ZWNhNWEzYzIxOGYyYTU5OTQxNmQ0MzJkOWU0ZjNjNGE3ODhhNzU1YTEyOTg5Y2FhNWUyZmRlNjBkZTBhVwdzY2hvb2xtQgoAAGsckl7_btUwUhpjaHJpc3RpbmFfbV9ob2x0QHlhaG9vLmNvbVgEAAAAAQ~~&data=02%7C01%7Ckelseyf123%40ku.edu%7C9d34075192e74259e0b908d7de65dac0%7C3c176536afe643f5b96636feabbe3c1a%7C0%7C1%7C637222401373596683&sdata=QZKbNQ3ze6iyOhJvHH3GEa%2FUXojJ4qFXknzXlwfpOZw%3D&reserved=0) (Thank you Brandy/Christina) 5. Pandemic EBT to allow additional SNAP benefits. Kansas Appleseed will be hosting digital events on Facebook Live and Zoom next week explaining these - and other changes that allow more Kansans to get more food benefits during the COVID-19 pandemic. Stay up-to-date by joining our Hunger Action Team today: [www.KansasAppleseed.org/HAT](file://Users/kellyhall/Library/Containers/com.microsoft.Word/Data/Downloads/www.KansasAppleseed.org/HAT) (Thank you Joey)   OTHERS? | Appleseed Resource Page: <https://docs.google.com/document/d/11olRCZwbKJsGap-IZ0ejxStpO8NvHL46I6U1rAztw74/edit?usp=sharing>  Facebook Event on How to Apply for SNAP: https://www.facebook.com/events/711941599548949/  Douglas County “SNAPshot”: <https://drive.google.com/file/d/1yK6CmjEv1cHRtEt6jsBcPr-pR32UMV7A/view?usp=sharing>  Data from Joey (Kansas Appleseed) that was posted in the comments from our meeting:  5,724 Douglas County residents (2,870 households) participated in SNAP for State Fiscal Year 2019 (most recent data publicly available). Kansas's average monthly food benefit per household is $119.  So each month between July 2018 and June 2019, SNAP participants in Douglas County put, on average, $341,530 worth of benefits into our local economy. That's $580,601 in economic activity every month!  Remember: that's even with our low, low level of eligible families participating.  And this does not include the Double Up Food Buck program which would increase this number.  Resources mentioned from K-State Research and Extension:   * Dining with Diabetes – online resources * Fuel Your Family – info graphics, recipes |  |
| 1. **HFFA Role/action steps** 2. What do we feel our role is as the HFFA workgroup during this difficult time? 3. Specific projects we should be working on? 4. Future meetings? (continue with virtual? Still meeting monthly?) 5. Virtual professional development opportunities? 6. Action steps moving forward?   OTHERS? | WAYS TO HELP:   * Share fundraising for Just Food and donors for adopt-a-family through Ballard Center, * Share information, resources, volunteer opportunities * Sign up for Hunger Action Team for more information (<https://www.kansasappleseed.org/hat.html>) * If anyone is looking a volunteer opportunity and have a vehicle, Just Food needs help with delivery   Monthly meetings will still be done through zoom – until further notice. |  |
| 1. **School Pantry** | The project is on pause. Both school and fridge vendors are temporarily closed. |  |
| 1. **Adjourned** |  |  |

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| Strategy | Strategy Champion | Strategy Team |
| **Planned Strategy 1:** Ensure enhanced food access for populations facing transportation barriers through establishing a mobile food pantry, enhanced transit routes to grocery stories, food pantries, and farmers’ markets, and via pantry delivery for special populations. **EQ** | VACANT  -Just food? | 1. Megan Poindexter and/or Heidi Briery (CRC) |
| **Planned Strategy 2:** Implement food recovery practices and policies to supply safe, nourishing food to those in need | Sarah Hartsig | 1. Jamie Platch 2. Kelly Hall |
| **Planned Strategy 3:** Strengthen the FuelGood Healthy Pantries Initiative to promote adoption of health-promoting policies and practices, including distribution of healthy foods and fresh food items, within Douglas County food pantries**. EQ** | Susan Farley | 1. Christina Holt 2. Brenna Wulfkuhle |
| **Planned Strategy 4:** Remove barriers to and strengthen utilization of public food assistance programs for families with children and seniors, including:  ·       School breakfast, dinner, and summer meal programs  ·       SNAP enrollment  ·       WIC enrollment  ·       Double Up Food Bucks  ·       CHAMPPS  ·       Meals on Wheels  ·       Commodity Supplemental Food Program for seniors  **EQ** | VACANT    Norm White?  K-State Research and Extension?  -Joey Hentzler? | 1. Jessica Kejr |
| **Planned Strategy 5:** Support advocacy efforts related to contexts supportive of breastfeeding, reduction of food insecurity, and improving access to healthy food | Elana Johnson |  |
| **Planned Strategy 6:** Extend food pantry evening/ weekend availability | VACANT  Charlotte Marthaler-? |  |
| **Planned Strategy 7:** Grow “Hunger and Health” efforts to enhance integration of social services and health care | Allision Koonce | 1. Kelsey Fortin 2. Christine Ebert 3. Jessica Kejr |